

White Belts

Monday 5:30 - 6:00

Tuesday

learning to spar 6:15 - 6:45

Weapons 6:45 - 7:15

Thursday 5:30 - 6:00

Friday Open floor 6:45 - 7:30

Effective 9-14-2011

Orange & Yellow Belts

Monday 6:00 - 6:30

Tuesday

learning to spar 6:15 - 6:45

Weapons 6:45 - 7:15

Thursday 6:00 - 6:30

Friday Open floor 6:45 - 7:30

Little Ninja

White, Orange & Yellow

Belts

Tuesday 6:15 - 6:45

Weapons 6:45 - 7:15

Friday 6:15 - 6:45

This is a new class for 5, 6 and 7 year old beginners.

Created to help the younger students integrate into the children's class.

Camo, Green & Purple Belts

Monday 6:30 - 7:00

Tuesday Weapons

6:45 - 7:15

kids sparring

7:15 - 7:45

teens & adults sparring

7:45 - 8:15

Thursday 6:30 - 7:00

Friday Open floor 6:45 - 7:30

6 weeks

\$99

includes

uniform

WEAPONS

Tuesday

6:45 - 7:15

Blue, Brown & Red Belts

Monday 7:00 - 7:30

Tuesday Weapons 6:45 - 7:15

kids sparring 7:15 - 7:45

teens & adult sparring 7:45 - 8:15

Thursday 7:00 - 7:30

Friday

Open floor 6:45 - 7:30

Tiny Tigers

3, 4 & 5 year olds

White, Orange & Yellow

belts

Monday weapons 4:45 - 5:00

class 5:00 - 5:30

Tuesday weapons 4:45 - 5:00

class 5:00 - 5:30

Thursday weapons 4:45 - 5:00

class 5:00 - 5:30

Friday Weapons 4:45 - 5:00

class 5:00 - 5:30

Advanced Tigers

Green and above

Tuesday

Weapons 5:30 - 5:45

Class 5:45 - 6:15

Friday

Weapons 5:30 - 5:45

Class 5:45 - 6:15

Teens & Adults

Monday 7:30 - 8:00

Tuesday 7:30 - 8:00

Thursday 7:30 - 8:00

Friday Open floor

6:45 - 7:30